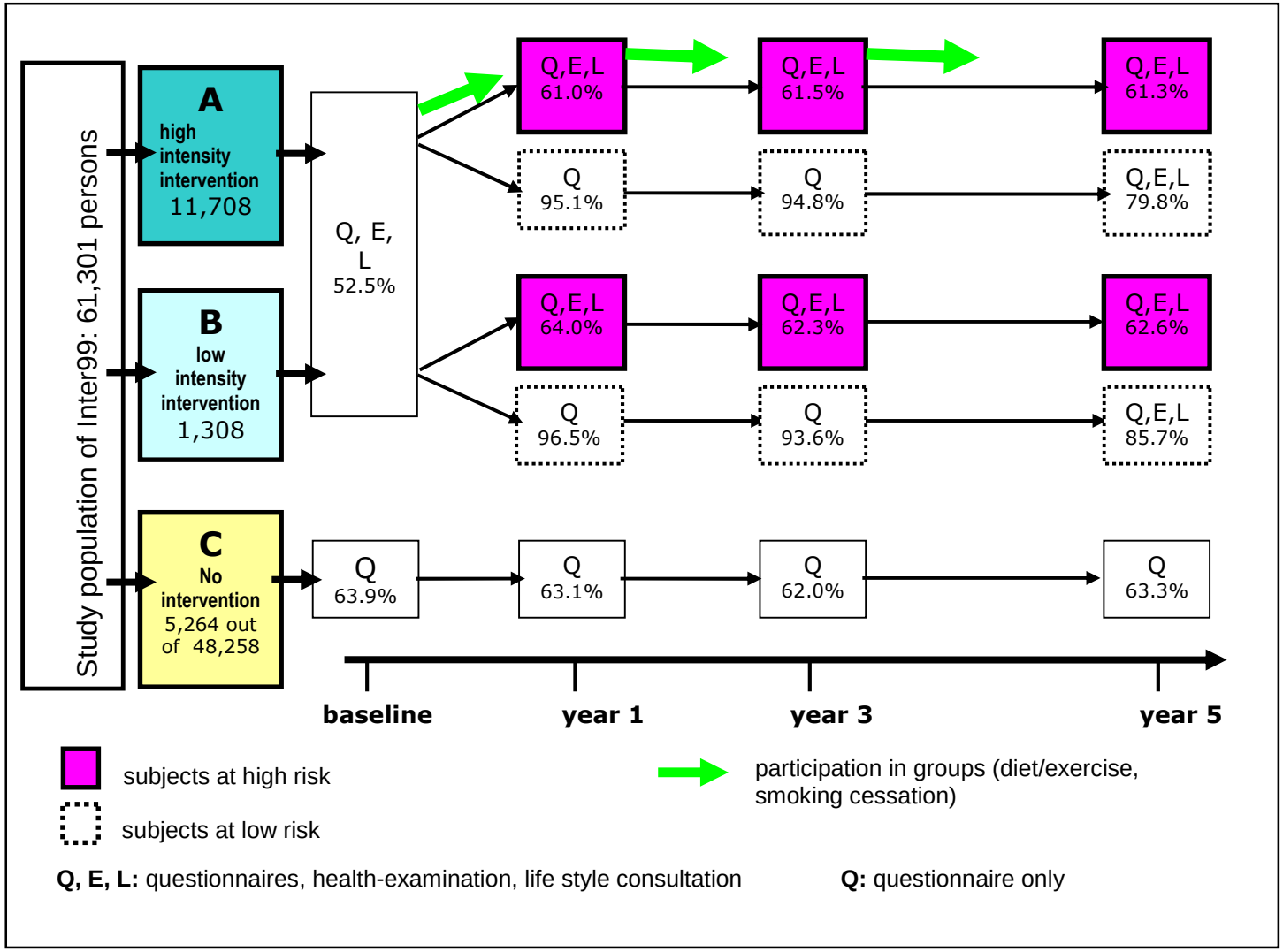
Study population of Inter99: 61,301 persons
A
high intensity intervention
11,708
B
low intensity intervention
1,308
C
No intervention
5,264 out of 48,258
Q, E, L
52.5%
Q,E,L
61.0%
Q
95.1%
Q,E,L
64.0%
Q
96.5%
Q
63.9%
Q,E,L
61.5%
Q
94.8%
Q,E,L
62.3%
Q
93.6%
Q
63.1%
Q
62.0%
Q,E,L
61.3%
Q,E,L
79.8%
Q,E,L
62.6%
Q,E,L
85.7%
Q
63.3%
baseline
year 1
year 3
year 5
subjects at high risk
subjects at low risk
participation in groups (diet/exercise, smoking cessation)
Q, E, L: questionnaires, health-examination, life style consultation
Q: questionnaire only