



If your child has been tested for coronavirus

You can see your child's test results at sundhed.dk. If your child is less than 15 years old, you can log on using your own NemID.

- If your child has been infected, the test result will be positiv (positive) or påvist (detected).
- If your child has not been infected, the test result will be negativ (negative) or ikke påvist (not detected).
- If the test result is inkonklusiv (inconclusive), the child must be tested again.

Keep your child isolated at home until you have the test results.

If your child has been infected

If your child has been infected with coronavirus, then the child must be isolated at home until he/she has been free of symptoms for 48 hours. Your child is also considered free of symptoms even if your child is still experiencing a loss of taste and smell after 48 hours.

Care for your child in the same way as you would for other virus infections:

- Ensure your child drinks plenty of fluids, especially if your child has a high fever
- Muscle pains, headaches and fever can be relieved with paracetamol - keep the use of medicine to a minimum.
- Use ice cream to relieve a sore throat and raise your child's head to relieve coughing when they are in bed

Tracing close contacts

If your child has been infected, it is important to inform the people your child has been in contact with. You will be contacted by Coronaopsporing (Corona tracking) and they will advise you on what to do. You are also welcome to contact the corona tracking hotline yourself on tel. +45 32 32 05 11.

If your child's condition deteriorates

If your child experiences problems breathing, if the symptoms get worse, or if your child is ill for several days, call your general practitioner (or 1813 outside opening hours). Always call 112 if you need emergency help in connection with a life-threatening illness.

For more information visit coronasmitte.dk or call the Danish Health Authority hotline on +45 70 20 02 33.

If your child has been infected, then the child must be isolated at home until he/she has been free of symptoms for 48 hours.

Avoid physical contact

- Of course your child should have all the care your child needs - including physical proximity and hugs.
- However, minimize physical contact with other people as much as possible - it is very important that your child does not come in contact with his/her grandparents, as the elderly are the most at risk of becoming seriously ill if they are infected by coronavirus.

Help your child with the following:

- Washing hands often and using hand sanitizer
- Avoiding touching the face
- Coughing or sneezing into their elbow

Household cleaning

- Clean the toilet, bathroom and kitchen daily, as well any rooms your child shares with other people. Be especially thorough in areas that are often touched - e.g. door handles and plug/light switches.
- Wash towels and bedding at 60 degrees centigrade or higher.
- Air-out often: At least twice a day for 10 minutes

For more information, visit sst.dk/en/English/Corona-eng